

ARTIST STATEMENT

Between Stillness and Intensity

Art does not arise from peace, but from the rift between stillness and intensity.

My practice rests on the collision of these two forces: the need for inner calm and the power with which life sets us in motion, time and again. This is not a search for a final answer, but a conscious surrender to the rhythm of existence as it continually changes, flows and takes new forms.

Each work is a quiet imprint of that inner struggle - an attempt to capture the fluidity of life and its ceaseless change in a web of colour, line and form. I do not seek static harmony, but a balance that quivers, that lives and breathes with the world around us and within us.

All that remains on the canvas is a trace of that search - an attempt to feel and record the pulse of what is constantly changing.